



## **Nuclear Medicine Procedures**

### **Studies requiring NO preparation:**

- Parathyroid scan
- Liver Spect (Hemangioma or Hepatoma)
- Liver/Spleen
- Muga Scan
- Perfusion Lung Scan
- Renal Scan
- WBC (white blood cell scan)
- Bone Scan
- Bone Scan/Triple Phase (Flow Study)
- Bone Spect

### **Studies that require preparation:**

- GB Biliary Scan
- DISIDA Scan
- Hepatobiliary Scan

#### **Preparation:**

- NPO after midnight
- Inpatients must be off Hyerol (TPN) 4 hours prior
- No narcotic pain meds 4 hours prior to procedure

- Gallium Scan

#### **Preparation:**

- Lower bowel prep-extreme low residue diet

- Gastric Emptying

#### **Preparation:**

- NPO after midnight

- Meckel's Scan

#### **Preparation:**

- 16 years to adult – NPO (no foods or liquids) after midnight;
- 0-6 years – NPO (no foods or liquids) 2 hours prior to procedure

- Renogram with Furosemide (Lasix)

#### **Preparation:**

- Void prior scan

- Stress Test NM, also Persantine
  - Preparation:**
    - Patient must be able to lift left arm above head for 20 minutes- twice
    - Stress: Light breakfast, juice, toast. Check with physician if there are any medications to be held prior to study
    - IV dipyridamole (Persantine); Fasting 2 to 4 hours prior to study (may have juice or water)
  
- Testicular Scan
  - Preparation:**
    - Void prior to study
  
- Thyroid Scan and Uptake
  - Preparation:**
    - No thyroid meds prior to exam – call Nuclear Medicine for specifics
    - No iodine contrast 3 months prior to exam
    - Fasting after 7 am on the first day
  
- Thyroid Therapy
  - Preparation:**
    - Must call the Nuclear Medicine Department